



### 5-6 Meals:

Lean Down:..... \$8.35/per meal

Sustain:..... \$9.00/per meal

Build Up:..... \$9.75/per meal

### 7-12 Meals:

Lean Down:..... \$8.10/per meal

Sustain:..... \$8.75/per meal

Build Up:..... \$9.50/per meal

### 13-17 Meals:

Lean Down:..... \$7.85/per meal

Sustain:..... \$8.50/per meal

Build Up:..... \$9.25/per meal

### 18-22 Meals:

Lean Down:..... \$7.60/per meal

Sustain:..... \$8.25/per meal

Build Up:..... \$9.00/per meal

### 23-27 Meals:

Lean Down:..... \$7.35/per meal

Sustain:..... \$8.00/per meal

Build Up:..... \$8.75/per meal

### 28-32 Meals:

Lean Down:..... \$7.10/per meal

Sustain:..... \$7.75/per meal

Build Up:..... \$8.50/per meal

### 33-37 Meals:

Lean Down:..... \$6.85/per meal

Sustain:..... \$7.50/per meal

Build Up:..... \$8.25/per meal

### Vegetarian, Vegan & Custom:

\* \$1.00 more per meal - Vegetarian

\* \$2.00 more per meal - Vegan

\* Variable pricing for custom plans